



















Packing checklists (Travel Nurse Packing Checklist)










a. Essential Documents

- i.  Nursing license(s) (physical and/or digital copies)
- ii.  Certifications (BLS, ACLS, PALS, etc.)
- iii.  Photo ID (driver's license/passport)
- iv.  Work contract and assignment details
- v.  Health records (immunizations, TB test, COVID-19 vaccine card, etc.)
- vi.  Insurance information (health, malpractice, auto)
- vii.  Emergency contact list
- viii.  Digital copies of important documents (stored on a secure cloud platform or USB)





b. Clothing



- i.  Scrubs (enough for a week)
- ii.  Casual clothes for downtime
- iii.  Professional outfit (for meetings/orientation)
- iv.  Jacket/coat (appropriate for the destination's climate)
- v.  Comfortable lounge/workout clothes
- vi.  Sleepwear
- vii.  Swimwear (if applicable)
- viii.  Hats/gloves/scarves (if going to a cold climate)
- ix.  Compression socks and regular socks
- x.  Comfortable shoes (work and casual)

c. Medical and Work Supplies








- i.  Watch with a second hand (or digital with a stopwatch)
- ii.  Pens/highlighters/notebook
- iii.  Pocket-sized medical reference guide
- iv.  Any necessary medications (prescription and OTC)
- v.  Earplugs/headphones for noisy shifts
- vi.  Medical scissors
- vii.  Measuring tape
- viii.  Stethoscope and case
- ix.  Badge reel and holder

d. Technology






- i.  Phone and charger
- ii.  Laptop/tablet and charger
- iii.  Power strip or surge protector
- iv.  Portable Wi-Fi device or hotspot

- v.  Backup battery pack
- vi.  Camera (optional for documenting travel memories)






e. Household & Comfort Items

- i.  Bedding (sheets, pillow, blanket if housing is furnished)
- ii.  Folding chair or small desk setup (if housing lacks workspace)
- iii.  Portable utensils and cookware (if housing is unfurnished)
- iv.  Travel mug and water bottle
- v.  Small personal décor items (candles, photos)
- vi.  Toiletries (soap, shampoo, deodorant, etc.)
- vii.  Cleaning supplies (wipes, laundry detergent)

f. Health and Wellness

- i.  Reusable water bottle
- ii.  ♀ Yoga mat or workout gear
- iii.  ♀ Small exercise equipment (resistance bands, etc.)
- iv.  Favorite books or magazines
- v.  Entertainment (games, streaming device)

g. Miscellaneous

- i.  Credit/debit cards and some cash
- ii.  Durable luggage and travel bags
- iii.  Local maps or travel guide
- iv.  Pet supplies (if traveling with pets)
- v.  Travel first aid kit